

## Medical Narrative Summary

### Patient Information:

Patient Name: J Doe Date of Birth: 05/15/1982

### 1. Brief Summary of Care:

The patient established care on 07/18/2019 for a general health exam. He has a history of hypertension and hyperglycemia. He is on medication for hypertension and is managing his hyperglycemia through diet and exercise. In 2021, he was diagnosed with seasonal and perennial allergic rhinitis, conjunctivitis, and oral allergy syndrome and started immunotherapy. He had a vasectomy in 2023.

### 2. Narrative Report Summary of Care:

#### 07/18/2019

- Provider: Bryce Cleary, MD (Family Medicine)
- Reason: Establish care and physical exam
- Chief Complaint: History of hypertension and hyperglycemia
- Examination findings: No specific findings documented
- Diagnoses: Essential hypertension (I10), hyperglycemia
- Treatment Plan: Lab work ordered, continue diet and exercise, continue blood pressure medication
- Medications: Medications for hypertension (not specified)

#### 07/13/2020

- Provider: Bryce Cleary, MD (Family Medicine)
- Reason: Annual exam
- Chief Complaint: Hypertension and seasonal allergies
- Examination findings: No specific findings documented
- Diagnoses: Hypertensive disorder (I10), seasonal allergies
- Treatment Plan: Continue blood pressure medication, over-the-counter medications for allergies

- Medications: Blood pressure medications (not specified), over-the-counter allergy medications (not specified)

**12/29/2020**

- Provider: Daniel Barrett, MD (Family Medicine)
- Reason: Telemedicine consultation for vasectomy
- Chief Complaint: Request for vasectomy
- Examination findings: No specific findings documented
- Diagnoses: Vasectomy requested (Z30.2)
- Treatment Plan: Patient informed about vasectomy procedure

**05/12/2021**

- Provider: Roland Solensky, MD (Allergist/Immunologist)
- Reason: Evaluation of allergies
- Chief Complaint: Long history of allergic rhinitis, ocular symptoms
- Examination findings: Lungs clear to auscultation, prick puncture skin testing positive for grass pollen (strong), tree pollens (moderate), weed pollens (moderate), and alternaria
- Diagnoses: Perennial/seasonal allergic rhinitis/conjunctivitis, oral allergy syndrome
- Treatment Plan: Allergy injections starting in early July, continue Flonase, azelastine nasal spray, Zyrtec, ketotifen eye drops
- Medications: Flonase, azelastine nasal spray, Zyrtec, ketotifen eye drops

**10/14/2021**

- Provider: Bryce Cleary, MD (Family Medicine)
- Reason: Annual exam
- Chief Complaint: Hypertension and allergies
- Examination findings: Elevated blood pressure (higher than home readings)
- Diagnoses: Hypertensive disorder (I10), allergies
- Treatment Plan: Not documented

**07/13/2022**

- Provider: Roland Solensky, MD (Allergist/Immunologist)
- Reason: Follow up for allergic rhinitis and oral allergy syndrome
- Chief Complaint: Improved symptoms since starting allergy injections
- Examination findings: HEENT exam normal, lungs clear to auscultation
- Diagnoses: Perennial/seasonal allergic rhinitis/conjunctivitis, oral allergy syndrome
- Treatment Plan: Remix allergy extract and continue immunotherapy for 4 more years, continue medications as

needed

- Medications: Azelastine nasal spray, Zyrtec, Flonase

#### **01/09/2023**

- Provider: Bryce Cleary, MD (Family Medicine)
- Reason: Annual exam
- Chief Complaint: Request for vasectomy referral
- Examination findings: No specific findings documented
- Diagnoses: Fertility care (Z31.84), active or passive immunization (Z23)
- Treatment Plan: Referral to urologist for vasectomy

#### **02/28/2023**

- Provider: Michael Brant, MD (Urologist)
- Reason: Consultation for vasectomy
- Chief Complaint: Request for vasectomy
- Examination findings: Urologic history negative
- Diagnoses: Vasectomy requested (Z30.2)
- Treatment Plan: Scheduled for vasectomy

#### **04/18/2023**

- Provider: Michael Brant, MD (Urologist)
- Reason: Vasectomy
- Chief Complaint: N/A
- Examination findings: No specific findings documented
- Diagnoses: Vasectomy requested (Z30.2)
- Treatment Plan: Vasectomy performed

#### **06/15/2023**

- Provider: Roland Solensky, MD (Allergist/Immunologist)
- Reason: Follow up for allergic rhinitis and oral allergy syndrome
- Chief Complaint: More symptoms during grass pollen season than last year
- Examination findings: HEENT exam normal, lungs clear to auscultation
- Diagnoses: Perennial/seasonal allergic rhinitis/conjunctivitis, oral allergy syndrome, intermittent asthma (J45.20)
- Treatment Plan: Remix allergy extract and continue immunotherapy for 3 more years, montelukast and cetirizine prior to cat exposure, Astepro nasal spray as needed
- Medications: Azelastine nasal spray, montelukast, cetirizine, Astepro nasal spray

**07/13/2023**

- Provider: Benjamin Oldson, DO (Immediate Care)
- Reason: Request for strep throat test
- Chief Complaint: Asymptomatic, concerned about exposure to strep due to son's recent diagnosis
- Examination findings: No specific findings documented
- Diagnoses: Exposure to Streptococcus (Z20.818)
- Treatment Plan: Strep test performed

**02/13/2024**

- Provider: Bryce Cleary, MD (Family Medicine)
- Reason: unclear
- Chief Complaint: unclear
- Examination findings: unclear
- Diagnoses: unclear
- Treatment Plan: unclear

**08/08/2024**

- Provider: Roland Solensky, MD (Allergist/Immunologist)
- Reason: Follow up for allergic rhinitis and oral allergy syndrome
- Chief Complaint: Possible pollen allergy symptoms in February/March, recent URI symptoms
- Examination findings: Moderate nasal turbinate edema, irritated nasal mucosa bilaterally, mucoid discharge (not purulent), tympanic membranes clear, oropharynx clear, lungs clear to auscultation
- Diagnoses: Perennial/seasonal allergic rhinitis/conjunctivitis, oral allergy syndrome, intermittent asthma
- Treatment Plan: Remix allergy extract and continue immunotherapy for 2 more years, Flonase and azelastine nasal spray daily for 1 week for URI, continue azelastine as needed seasonally, continue montelukast as needed
- Medications: Flonase, azelastine nasal spray, montelukast

### **3. Diagnoses:**

- Essential hypertension (I10)
- Hyperglycemia
- Seasonal allergies
- Hypertensive disorder (I10)
- Vasectomy requested (Z30.2)
- Perennial/seasonal allergic rhinitis/conjunctivitis
- Oral allergy syndrome

- Intermittent asthma (J45.20)
- Fertility care (Z31.84)
- Active or passive immunization (Z23)
- Exposure to Streptococcus (Z20.818)

#### **4. Past Medical and Surgical History:**

- Asthma (history of, resolved)
- Hypertension
- Hyperglycemia

#### **5. Medications:**

- Lisinopril 20mg/hydrochlorothiazide 12.5mg tablet
- Azelastine 137 mcg nasal spray
- Flonase
- Zyrtec 10mg
- Ketotifen eye drops
- Tylenol-Codeine #3 300mg-300mg tablet
- Montelukast 10mg tablet
- Astepro nasal spray
- Cetirizine 10mg

#### **6. Functional Status:**

Functional status is not explicitly described. However, based on the record, the patient seems to be generally healthy and active. He works as a manager in an office. He has allergies, which affect his sleep and energy levels at times.

#### **7. Psychosocial:**

The patient is married and has three children. He does not smoke or use illicit drugs. Alcohol consumption is not mentioned.

#### **8. Educational History:**

Educational history is not mentioned.

#### **9. Work History:**

The patient works as a manager in an office.

## **10. Future Care Recommendations:**

- Continue allergy immunotherapy for 2 more years.
- Use Flonase and azelastine nasal spray daily for 1 week to treat URI, then continue azelastine as needed seasonally.
- Continue montelukast as needed.
- Take montelukast 10mg and cetirizine 10mg at least 2 hours prior to cat exposure.
- If URI symptoms do not improve within a week, contact Dr. Solensky.
- Follow up with Dr. Solensky in 1 year.

## **Additional Notes:**

- Specific dosages and frequencies for some medications are not documented.
- The reason for the 02/13/2024 encounter with Dr. Cleary is unclear.
- Information regarding smoking, alcohol consumption, and educational history is limited.